

CURRICULUM
FOR
M.D (MEDICINE)



POST GRADUATE MEDICAL INSTITUTE
QUETTA

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Section -1

INTRODUCTION

University of Balochistan was established in 1970. The University awarded its first medical undergraduate Bachelor of Medicine and Bachelor of Surgery in 1977. The University of Balochistan is oldest and the most prestigious seat of learning in Balochistan.

The University runs courses of Undergraduate Education, Postgraduate Diploma Courses, Postgraduate diploma Courses in Faculty of Medicine.

The Postgraduate Medical Institute possesses all the relevant learning facilities like qualified and well trained faculty, teaching hospitals, libraries, lecture halls, Clinicopathological conference halls, laboratories, audiovisual aids, internet access, etc.

In this document Statutes and Regulations regarding the Scheme of the Course, eligibility criteria for admission to the course, details of training program, Syllabus, Specific Objectives of the training program, Research Thesis /Dissertation and format of examination of the Postgraduate degree course of MD (Medicine) of the Post Graduate Medical Institute Quetta is presented.

Section -2

ADMISSION CRITERIA

REGULATIONS REGARDING ADMISSION FOR MEDICINE COURSE

The requirements for Admission in Post Graduate Degree Programme in MD Medicine are laid down by PGMIQ are as under:

ELIGIBILITY CRITERIA FOR ADMISSION.

1. MBBS from the University of Balochistan or equivalent recognized by PM&DC.
2. One year House job after graduation with six months compulsory in Medicine and allied.
3. Only those doctors are eligible who are in the active service of Government of Balochistan for a minimum period of two years.
4. Selection through entry test and selection committee approval.

Section -3

AIMS AND OBJECTIVES OF THE COURSE.

AIM

The aim of four years MD Programme in Medicine is to train residents to acquire the competency of a specialist in the field so that they can become good teachers, researchers and clinicians in their specialty after completion of their training.

GENERAL OBJECTIVES

1. That the student accepts Medicine in its full sense as a life long activity and that he/she is prepared to invest time and effort to acquire, maintain and further improve his/her own knowledge and skills.
2. The formulation of a differential diagnosis with up-to-date scientific evidence and clinical judgment using history and physical examination data and the development of a prioritized problem list to select tests and make effective therapeutic decisions.
3. A critical appreciation of techniques, procedures carried out in Medicine an understanding of scientific methods, reliability and validity of observations and the testing of hypothesis.
4. The ability and willingness to adopt a problem solving approach to manage clinical situations included in the definition of Medicine.
5. The ability to plan and interpret a management program with due regards to the patients Comfort and economic factors.
6. His/ her awareness of the role of specialists of Medicine in health / rehabilitation / welfare teams and his/ her willingness to work cooperatively within such teams.
7. The awareness that he/ she have to create his/ her own professional impact as a capable Specialist/ Teacher/ Scholar of Medicine in the world.
8. To pursue and develop the basic scientific pursuits and guideline for scientific discoveries to strengthen knowledge further about human body requirements.

Section -4

TRAINING PROGRAM

As a policy, active participation of students at all levels will be encouraged.

Following teaching modalities will be employed:

1. Lectures
2. Seminar Presentation and Journal Club Presentations
3. Group Discussions
4. Grand Rounds
5. Clinico-pathological Conferences
6. SEQ as assignments on the content areas
7. Skill teaching in ICU, Operation Theatres, emergency and ward settings
8. Attend genetic clinics and rounds for at least one month.
9. Attend sessions of genetic counseling
10. Self study, assignments and use of internet
11. Bedside teaching rounds in ward
12. OPD & Follow up clinics
13. Long and short case presentations

In addition to the conventional teaching methodologies interactive strategies like conferences will also be introduced to improve both communication and clinical skills in the upcoming consultants. Conferences must be conducted regularly as scheduled and attended by all available faculty and residents. Residents must actively request autopsies and participate in formal review of gross and microscopic pathological material from patients who have been under their care. It is essential that residents participate in planning and in conducting conferences.

Section -5

DURATION AND SCHEME OF THE COURSE

A summary of Four (04) Years Course in MD Medicine is presented as under:

4 YEARS COURSE

PHASE-I (1 st Year)	PHASE-II (3 Years)
<ul style="list-style-type: none">• Basic Training in Specialty of admission (10 Weeks)	<ul style="list-style-type: none">• Advanced Professional Education in Medicine
<ul style="list-style-type: none">• Biostatistics & Research Methodology• Submission of Synopsis (04 Weeks)	<p>Compulsory/Optional Rotation Six Weeks Rotation in each specialty)</p> <ul style="list-style-type: none">• Cardiology.• Neuro Medicine• Nephrology• ICU / Casualty• Chest Medicine
<ul style="list-style-type: none">• Basic Training in Medicine• Basic Sciences Theory Classes (Anatomy, Physiology, Biochemistry, Pharmacology & Pathology relevant to the specialty)• Approval of Synopsis (34 Weeks)	<ul style="list-style-type: none">• Log Book, Research / Thesis (assignments, assessments) Submission and approval of research Thesis / dissertation at least 06 Months before Part-II examination.• Eligibility to appear in final Examination is subject to approval of research thesis and completion of Log Book.
<p><u>INTERMEDIATE EVALUATION (PART-I EXAM)</u></p> <p>❖ Written Two Papers For Part-1 The Part-I Examination will be held at the end of 1st Calendar Year.</p> <ul style="list-style-type: none">• Principles of Medicine (100 MCQ Single Best Type)• Basic Science Education (100 MCQ Single Best Type)	<p><u>FINAL EVALUATION (PART-II EXAM)</u></p> <p>❖ Written Four Papers For Part-II Part-II Examination will be held at the end of 4th Calendar Year</p> <ul style="list-style-type: none">• Medicine Paper-A (100 MCQ Single Best Type)• Medicine Paper-B (100 MCQ Single Best Type)• Medicine Paper-A (10 Short Essay Questions)• Medicine Paper-B (10 Short Essay Questions) <p>❖ Oral & Practical / Clinical Examination</p> <ul style="list-style-type: none">• Long Case 01• Short Cases 04• TOCS 10 Stations

Section-6

SYLLABUS FOR MD MEDICINE.

I . Contemporary Ethical and Social Issues in Medicine

- A Context for Decision Making
- Areas of Current Ethical Debate
- THE MORAL LIMITS OF MEDICAL INTERVENTION IN AN ERA OF TECHNOLOGICAL IMPERATIVES
- THE ENIGMA OF WHAT CONSTITUTES A PERSON AND WHEN LIFE BEGINS AND ENDS
- ASSESSING QUALITY OF LIFE
- Traditional Medical Ethics and the Changing World of Medicine
- POPULATION-BASED MEDICINE AND THE RIGHTS OF THE INDIVIDUAL
- A BROADER CONTEXT FOR CLINICAL DECISION MAKING

II Reducing Risk of Injury and Disease

- Prevention: A Brief Overview
- CAVEATS IN DISEASE AND INJURY PREVENTION
- CHANGING BEHAVIOR
- Health Risks from Substance Abuse
- TOBACCO USE
- ALCOHOL ABUSE
- DRUG ABUSE
- Health Risks from Accidents and Violence
- MOTOR VEHICLE INJURIES
- Injuries to Motor Vehicle Occupants
- Injuries to Motorcyclists
- Injuries to Pedestrians
- Injuries to Cyclists
- INJURIES FROM FALLING
- INJURIES FROM FIRE
- DROWNING
- DOMESTIC VIOLENCE
- INJURIES FROM FIREARMS

III Diet and Exercise

- Diet
- ENERGY
- FAT AND CHOLESTEROL
- Structure
- Effects on Blood Lipids and Cardiovascular Risk

- Fat and Health
- Dietary Recommendations
- CARBOHYDRATES
- DIETARY FIBER
- PROTEINS
- VITAMINS
- MINERALS
- Sodium
- Calcium
- Iron
- Potassium
- Selenium
- Chromium
- Magnesium
- WATER
- FOODS
- Fruits and Vegetables
- Legumes
- Grains
- Meat and Poultry
- Dairy Products and Eggs
- Fish
- Cooking Oils
- Nuts
- Garlic
- Flavonoid-Rich Foods
- Alcohol
- Coffee
- DIET AND HEALTH
- Exercise
- EXERCISE PHYSIOLOGY
- Cardiovascular Response to Dynamic Exercise
- Pulmonary Response
- Musculoskeletal Response
- Metabolic Effects
- Effects on Blood Lipids
- Hematologic Effects
- Effects on Body Fluids
- Psychological Effects
- EXERCISE AND AGING
- EXERCISE AND LONGEVITY
- Primary Prevention of Atherosclerosis
- Secondary Prevention of Ischemic Heart Disease
- PRESCRIBING EXERCISE
- PREVENTING COMPLICATIONS
- MEDICAL COMPLICATIONS OF EXERCISE

IV Guidelines for Preventive Health Care

- The Periodic Health Evaluation
- Counseling and Education of Patients
- Physical Examination
- MEASUREMENT OF BLOOD PRESSURE
- BREAST EXAMINATION
- RECTAL EXAMINATION
- MEASUREMENT AND RECORDING OF WEIGHT
- MEASUREMENT OF VISUAL ACUITY WITH A SNELLEN EYE CHART
- HEARING EXAMINATION
- OTHER PHYSICAL EXAMINATION MANEUVERS
- Laboratory Tests and Procedures
- FECAL OCCULT BLOOD TESTING
- PAPANICOLAOU SMEAR
- MAMMOGRAPHY
- SERUM CHOLESTEROL MEASUREMENT
- SIGMOIDOSCOPY
- SERUM PROSTATE-SPECIFIC ANTIGEN MEASUREMENT
- OTHER LABORATORY TESTS AND PROCEDURES
- Immunizations
- Other Preventive Interventions Reviewed by the Expert Panels
- POSTMENOPAUSAL HORMONE REPLACEMENT THERAPY
- FOLIC ACID SUPPLEMENTATION
- OTHER INTERVENTIONS

V. Occupational Safety and Health

- Basic Principles of Occupational Disease
- Clinical Evaluation
- DEFINING THE PATHOPHYSIOLOGICAL BASIS OF THE PATIENT'S COMPLAINTS
- TAKING THE OCCUPATIONAL HISTORY
- Approach to the Patient with an Acute Disorder
- Approach to the Patient with Recurrent Manifestations
- Approach to the Patient with Chronic Disease
- Approach to Subacute and Insidious Disease
- CONFIRMING AND QUANTIFYING EXPOSURE
- DIAGNOSTIC DECISION MAKING
- Major Occupational Disorders in Developed Countries
- OCCUPATIONAL CANCER
- RESPIRATORY TRACT DISORDERS
- Acute Disorders and Recurrent Disorders
- Chronic Conditions
- DERMATOLOGIC DISORDERS
- DISORDERS OF THE URINARY TRACT
- LIVER DISEASE

- CENTRAL AND PERIPHERAL NERVOUS SYSTEM
- MUSCULOSKELETAL DISORDERS
- HEMATOLOGIC DISORDERS
- ENDOCRINE AND REPRODUCTIVE EFFECTS
- CLINICAL PROBLEMS ASSOCIATED WITH LOW-LEVEL ENVIRONMENTAL EXPOSURES

VI Health Advice for International Travelers

- Pretravel Evaluation and Immunizations
- REQUIRED IMMUNIZATIONS
- RECOMMENDED IMMUNIZATIONS
- VACCINE CONTRAINDICATIONS
- Malaria Chemoprophylaxis
- CHEMOPROPHYLACTIC AGENTS
- PROPHYLAXIS IN REGIONS WITH CRPF MALARIA
- PROPHYLAXIS DURING PREGNANCY
- Travel-Related Illness
- TRAVELER'S DIARRHEA
- MEDICAL ISSUES DURING TRANSIT

VII Quantitative Aspects of Clinical Decision Making

- Measurements Used in Critical Appraisal of the Literature
- MEASURES OF DISEASE FREQUENCY
- MEASURES OF DIAGNOSTIC CERTAINTY: USE OF PROBABILITIES
- MEASURES OF DIAGNOSTIC TEST PERFORMANCE AND INTERPRETATION
- MEASURES OF TREATMENT EFFECTS
- MEASURES OF TREATMENT OUTCOME, ADJUSTED FOR QUALITY OF LIFE
- Medical Decision Analysis
- THE THRESHOLD MODEL OF DECISION MAKING
- MEASURES OF EXPECTED-OUTCOME DECISION MAKING: THE TREATMENT DECISION
- COST-EFFECTIVENESS ANALYSIS

CLINICAL COMPONENT

1. CARDIOVASCULAR MEDICINE

I Approach To The Cardiac Patient

- The Cardiovascular History
- Specific Cardiovascular Symptoms
- DYSPNEA

- CHEST PAIN
- PALPITATIONS
- SYNCOPE
- COUGH
- PERIPHERAL EDEMA
- CYANOSIS AND CLUBBING
- Referred Patients
- Physical Examination
- INSPECTION
- PALPATION
- AUSCULTATION
- EXAMINATION OF THE PULSES
- Laboratory Examination
- ORDERING LABORATORY TESTS
- ELECTROCARDIOGRAM
- CHEST X-RAY
- TWO-DIMENSIONAL AND DOPPLER ECHOCARDIOGRAPHY
- EXERCISE ELECTROCARDIOGRAPHY
- AMBULATORY ELECTROCARDIOGRAPHY
- RADIOISOTOPE TECHNIQUES
- COMPUTED TOMOGRAPHY AND MAGNETIC RESONANCE IMAGING
- SEROLOGIC TESTS
- INVASIVE PROCEDURES

II Congestive Heart Failure

- Definition
- Pathophysiology
- ADAPTIVE MECHANISMS
- Frank-Starling Relation
- Inotropy
- Afterload (Ventricular Systolic Stress or Tension)
- Heart Rate
- Hypertrophy and Dilatation
- Peripheral Mechanisms
- Changes in Hemodynamic Parameters of Ventricular Function
- EJECTION FRACTION
- END-DIASTOLIC VOLUME AND PRESSURE
- PRESSURE-VOLUME RELATION
- CARDIAC OUTPUT
- Causes of Congestive Heart Failure
- Predictors of Survival
- Clinical Manifestations of Left-Sided Congestive Heart Failure
- SYMPTOMS
- Dyspnea
- Orthopnea
- Nocturnal Angina
- Paroxysmal Nocturnal Dyspnea

- PHYSICAL SIGNS
- ELECTROCARDIOGRAPHIC FINDINGS
- RADIOGRAPHIC SIGNS
- Clinical Manifestations of Right-Sided Congestive Heart Failure
- SYSTEMIC VENOUS CONGESTION
- ORGAN INVOLVEMENT
- EDEMA
- Low Cardiac Output Syndrome in Left-Sided and Right-Sided Heart Failure
- Diagnostic Evaluation of New-Onset Heart Failure
- Therapy for Left-Sided and Right-Sided Congestive Heart Failure
- CORRECTION OF REVERSIBLE FACTORS
- TREATMENT OF HEART FAILURE AND ANGINA
- SURGICAL TREATMENT OF LEFT VENTRICULAR DYSFUNCTION
- PHARMACOLOGIC THERAPY FOR SYSTOLIC HEART FAILURE
- Diuretics
- Vasodilators
- Positive Inotropic Agents
- Beta-Adrenergic Agonists
- Beta Blockers
- DIASTOLIC HEART FAILURE
- Emergency Presentations of Congestive Heart Failure
- ACUTE PULMONARY EDEMA
- Treatment
- CARDIOGENIC SHOCK
- Treatment

III High Blood Pressure

- Definition
- Etiology and Pathogenesis
- GENETICS OF PRIMARY HYPERTENSION
- WATER AND SODIUM RETENTION
- INHERITED CARDIOVASCULAR RISK FACTORS
- SYMPATHETIC NERVOUS SYSTEM ACTIVATION
- VASCULAR REACTIVITY
- RENIN-ANGIOTENSIN-ALDOSTERONE SYSTEM REACTIVITY
- INHIBITION OF NITRIC OXIDE PRODUCTION
- ENDOTHELIN PRODUCTION
- Diagnosis
- BLOOD PRESSURE MEASUREMENT
- MEDICAL HISTORY
- PHYSICAL EXAMINATION
- LABORATORY EVALUATION
- Treatment
- RISKS OF HYPERTENSION
- BENEFITS OF ANTIHYPERTENSIVE TREATMENT

- PATIENT SELECTION
- TREATMENT GOALS
- LIFESTYLE MODIFICATION
- Weight Reduction
- Increased Physical Activity
- Moderation of Alcohol Intake
- Restricting Dietary Sodium
- Maintenance of Dietary Potassium Intake
- Maintenance of Dietary Calcium Intake
- Other Interventions
- Overall Recommendations
- PHARMACOLOGIC TREATMENT
- Initial Choice of Therapy
- Adherence and Compliance Issues
- Comparison of Drug Classes
- General Treatment Strategies
- SPECIAL PATIENT GROUPS
- HYPERTENSIVE CRISIS
- Secondary Hypertension
- RENOVASCULAR HYPERTENSION
- PRIMARY ALDOSTERONISM
- SLEEP APNEA

IV Atrial Fibrillation

- Definition and Classification
- Prevalence and Incidence
- Morbidity and Mortality
- Pathophysiology
- Diagnosis
- CLINICAL MANIFESTATIONS
- PHYSICAL EXAMINATION
- Management of Atrial Fibrillation
- PHARMACOLOGICAL MANAGEMENT
- Control of Ventricular Rate
- Restoration of Sinus Rhythm
- Maintenance of Sinus Rhythm
- NONPHARMACOLOGICAL MANAGEMENT
- Restoration of Sinus Rhythm
- Control of Ventricular Rate
- Maintenance of Sinus Rhythm
- RATE CONTROL VERSUS RHYTHM CONTROL
- RISK OF STROKE IN ATRIAL FIBRILLATION
- Stratification of Risk in Nonvalvular Atrial Fibrillation
- Lone Atrial Fibrillation
- Paroxysmal Atrial Fibrillation
- Valvular Heart Disease

- Cardiomyopathy
- Thyrotoxicosis
- Congenital Heart Disease
- Management of the Risk of Stroke
- MECHANISMS OF STROKE IN ATRIAL FIBRILLATION
- CHRONIC ANTICOAGULATION AND THROMBOTIC THERAPY
- Recommendations for Anticoagulation in Atrial Fibrillation
- Contraindications to Anticoagulation
- Major Trials of Chronic Anticoagulation
- MONITORING ATRIAL FIBRILLATION WITH ECHOCARDIOGRAPHY
- Transthoracic Echocardiography
- Transesophageal Echocardiography
- CARDIOVERSION AND THE RISK OF THROMBOEMBOLISM
- Mechanism of Thromboembolism after Cardioversion
- Anticoagulation in Patients Undergoing Cardioversion
- The Role of TEE in Electrical Cardioversion
- Special Conditions Associated with Atrial Fibrillation
- POSTOPERATIVE ATRIAL FIBRILLATION
- ATRIAL FIBRILLATION AND WOLFF-PARKINSON-WHITE SYNDROME

V Supraventricular Tachycardia

- Atrioventricular Nodal Reentrant Tachycardia
- ANATOMY AND PHYSIOLOGY OF THE AV NODE
- Unusual AVNRT
- DIAGNOSIS
- Clinical Presentation
- Electrocardiographic Findings
- MANAGEMENT
- Acute Management
- Chronic Pharmacological Management
- Nonpharmacological Management
- Junctional Ectopic Tachycardia and Nonparoxysmal Atrioventricular Junctional Tachycardia
- JUNCTIONAL ECTOPIC TACHYCARDIA
- NONPAROXYSMAL ATRIOVENTRICULAR JUNCTIONAL TACHYCARDIA
- Wolff-Parkinson-White Syndrome and Concealed Accessory Pathways
- ANATOMY AND PHYSIOLOGY OF ACCESSORY PATHWAYS
- DIAGNOSIS
- Clinical Presentation
- Electrocardiographic Findings
- MANAGEMENT
- Acute Management
- Long-term Management
- Nonpharmacological Management
- VARIANTS OF THE ACCESSORY PATHWAY SYNDROME
- Atrial Tachycardias

- ANATOMY AND PHYSIOLOGY
- Intra-atrial Reentry Tachycardia
- Automatic Atrial Tachycardia
- DIAGNOSIS
- Clinical Presentation
- Electrocardiographic Findings
- MANAGEMENT
- Pharmacological Management
- Nonpharmacological Management
- Multifocal Atrial Tachycardia
- Sinus Tachycardia
- ANATOMY AND PHYSIOLOGY OF THE SINUS NODE
- Sinus Node Reentrant Tachycardia
- DIAGNOSIS
- Clinical Presentation
- Electrocardiographic Findings
- MANAGEMENT
- Pharmacological Management
- Nonpharmacological Management
- Inappropriate Sinus Tachycardia
- DIAGNOSIS
- Clinical Presentation
- Electrocardiographic Findings
- MANAGEMENT
- Pharmacological Management
- Nonpharmacological Management

VI Ventricular Arrhythmias

- Pathophysiology
- VENTRICULAR TACHYCARDIA DUE TO REENTRY
- VENTRICULAR TACHYCARDIA MEDIATED BY ABNORMAL AUTOMATICITY
- VENTRICULAR TACHYCARDIA DUE TO TRIGGERING
- Early Afterdepolarization
- Delayed Afterdepolarization
- Asymptomatic Ventricular Ectopy
- Syncope and Ventricular Arrhythmias
- HISTORY AND PHYSICAL EXAMINATION
- ELECTROCARDIOGRAPHY
- ELECTROPHYSIOLOGICAL TESTS
- Evaluation of the Patient Rescued from Cardiac Arrest
- ELECTROCARDIOGRAPHY
- LABORATORY TESTS
- Electrophysiological Tests
- Pharmacological Therapy
- CLASSIFICATION AND MECHANISMS OF ANTIARRHYTHMIC DRUGS
- PHARMACOLOGY OF INDIVIDUAL ANTIARRHYTHMIC AGENTS

- Quinidine
- Procainamide
- Disopyramide
- Lidocaine
- Mexiletine
- Beta Blockers
- Sotalol
- Amiodarone
- Proarrhythmia
- EFFICACY AND OUTCOMES OF ANTIARRHYTHMIC DRUG USE
- Nonpharmacological Therapy
- SURGICAL TREATMENT OF VENTRICULAR TACHYCARDIA
- CATHETER ABLATION OF VENTRICULAR TACHYCARDIA
- THE TRANSVENOUS IMPLANTABLE CARDIOVERTER-DEFIBRILLATOR
- The Congenital Long QT Syndrome

VII Catheter Ablation for Cardiac Arrhythmias

- Radiofrequency Catheter Ablation
- Catheter Ablation for Supraventricular Arrhythmias
- PAROXYSMAL SUPRAVENTRICULAR TACHYCARDIA
- Atrioventricular Nodal Reentrant Tachycardia
- Accessory Pathways
- ATRIAL ARRHYTHMIAS
- Atrial Tachycardia
- Atrial Flutter
- ABLATION OF THE ATRIOVENTRICULAR JUNCTION
- CATHETER ABLATION OF SUPRAVENTRICULAR ARRHYTHMIAS IN CHILDREN
- Catheter Ablation of Ventricular Arrhythmias
- IDIOPATHIC VENTRICULAR TACHYCARDIA
- Bundle Branch Reentrant Tachycardia
- Ventricular Tachycardia in Patients with Coronary Artery Disease
- Ventricular Tachycardia in Patients with Nonischemic Cardiomyopathy
- Economic Considerations
- Future Developments
- Supraventricular Arrhythmias
- Ventricular Arrhythmias

VIII Acute Myocardial Infarction

- Epidemiology
- Pathogenesis
- Diagnosis
- CLINICAL MANIFESTATIONS
- PHYSICAL EXAMINATION
- ELECTROCARDIOGRAPHY
- LABORATORY FINDINGS

- IMAGING STUDIES
- Echocardiography
- Radionuclide Imaging
- Emergent Therapy
- OXYGEN
- ASPIRIN
- ANALGESIA
- Reperfusion Therapy
- THROMBOLYTIC THERAPY
- Contraindications to Thrombolytic Therapy
- Choice of Thrombolytic Agent
- DIRECT CORONARY ANGIOPLASTY
- CORONARY ARTERY BYPASS SURGERY
- REPERFUSION STRATEGIES AND OUTCOMES
- Importance of Time to Reperfusion
- REPERFUSION THERAPY IN PATIENTS WITHOUT ST SEGMENT ELEVATION
- Rescue Coronary Angioplasty
- Adjunctive Medical Therapy
- INTRAVENOUS HEPARIN
- BETA-BLOCKER THERAPY
- ANGIOTENSIN-CONVERTING ENZYME INHIBITORS
- INTRAVENOUS NITROGLYCERIN
- PROPHYLACTIC ANTIARRHYTHMIC THERAPY
- CALCIUM CHANNEL ANTAGONISTS
- MAGNESIUM
- Complications of acute myocardial infarction
- VENTRICULAR ARRHYTHMIAS
- Ventricular Fibrillation
- Ventricular Tachycardia
- ATRIAL ARRHYTHMIA
- Atrial Fibrillation
- BRADYARRHYTHMIAS AND HEART BLOCK
- MITRAL REGURGITATION
- VENTRICULAR SEPTAL DEFECTS
- MYOCARDIAL RUPTURE
- RIGHT VENTRICULAR INFARCTION
- STROKE
- Coronary Angiography after Uncomplicated Myocardial Infarction
- Predischarge Exercise Testing
- Secondary Prevention
- PHARMACOTHERAPY
- Lipid-Lowering Therapy
- Anticoagulant Therapy
- Antiarrhythmic Therapy
- RISK-FACTOR MODIFICATION
- CARDIAC REHABILITATION

- Long-term Prognosis

IX Ischemic Heart Disease: Angina Pectoris

- Anatomy and Physiology of the Coronary Artery Circulation
- Pathophysiology
- Diagnosis
- DIFFERENTIAL DIAGNOSIS
- PHYSICAL EXAMINATION
- ELECTROCARDIOGRAM
- EXERCISE ELECTROCARDIOGRAM
- RADIOISOTOPE IMAGING
- CORONARY ANGIOGRAPHY
- Prognostic Implications of Angiography
- Risks of Angiography
- Indications for Angiography
- Interpretation of the Angiogram
- Medical Therapy
- BETA-BLOCKING AGENTS
- NITRATES
- CALCIUM CHANNEL BLOCKERS
- The Role of Calcium in the Cardiovascular System
- Clinical Use of Calcium Channel Blockers
- COMBINATION THERAPY
- OTHER FORMS OF MEDICAL THERAPY
- Invasive Procedures
- INTRA-AORTIC BALLOON COUNTERPULSATION
- CORONARY ARTERY BYPASS SURGERY
- CORONARY ANGIOPLASTY
- Unstable Angina Pectoris
- Variant Angina
- Angina and Normal Coronary Arteries
- Silent Ischemia
- Management of the Patient with Ischemic Heart Disease Who Is Undergoing General Surgery

X Cardiac Transplantation (Concept)

XI Valvular Heart Disease

- Etiology
- CONGENITAL DISORDERS
- MYXOMATOUS DEGENERATION
- RHEUMATIC DISEASE
- DEGENERATIVE DISEASE
- ENDOCARDITIS
- CORONARY ARTERY DISEASE
- CONNECTIVE TISSUE DISEASE
- OTHER CAUSES OF VALVULAR HEART DISEASE

- SECONDARY INVOLVEMENT
- Assessment and Management
- Specific Valvular Lesions
- MITRAL STENOSIS
- SYMPTOMS AND SIGNS
- Diagnostic Evaluation
- Management
- MITRAL REGURGITATION
- Symptoms and Signs
- Diagnostic Evaluation
- Management
- MITRAL VALVE PROLAPSE
- Diagnosis
- Management
- AORTIC STENOSIS
- Symptoms and Signs
- Diagnostic Evaluation
- Course and Management
- AORTIC REGURGITATION
- Symptoms and Signs
- Diagnostic Evaluation
- Course and Management
- Tricuspid and Pulmonary Disease
- PROSTHETIC VALVES
- Mechanical Prostheses
- Bioprotheses
- PROBLEMS AND COMPLICATIONS OF VALVE PROSTHESES
- Thromboembolism
- Valvular Thrombosis
- Valve Failure
- Infection
- Inherent or Acquired Prosthetic Stenosis
- Problems Associated with Pregnancy

XII Diseases Of The Aorta And Large Arteries

- The Normal Aorta
- Aortic Aneurysms
- EXAMINATION OF THE AORTA
- SCREENING FOR AORTIC ANEURYSMS
- ABDOMINAL AORTIC ANEURYSMS
- Clinical Presentations
- Diagnostic Evaluation
- Reducing Risk of Aneurysm Rupture
- Surgical Treatment
- THORACIC AORTIC ANEURYSMS
- Clinical Presentation

- Diagnostic Evaluation
- Surgical Repair
- Postoperative Complications
- Aortic Dissection
- CLASSIFICATION
- ETIOLOGY
- CLINICAL PRESENTATION
- DIAGNOSTIC EVALUATION
- TREATMENT
- Surgical Treatment
- Medical Therapy
- Atypical Aortic Dissection
- AORTIC DISSECTION WITHOUT INTIMAL TEAR
- PENETRATING ATHEROSCLEROTIC ULCER
- Aortic Atheromatous Emboli
- Takayasu's Arteritis
- Traumatic Disease of the Aorta

XIII Diseases Of The Pericardium, Cardiac Tumors, and Cardiac Trauma

- Diseases of the Pericardium
- ACUTE PERICARDITIS
- Diagnosis
- Treatment
- Other Forms of Acute Pericarditis
- PERICARDIAL EFFUSION
- Pathophysiology
- Diagnosis
- Treatment
- SPECIAL ETIOLOGIC FORMS OF ACUTE PERICARDITIS AND PERICARDIAL EFFUSION
- Pericarditis Related to Renal Failure and Dialysis
- Radiation-Induced Pericardial Effusion
- Neoplastic Pericardial Effusion
- Purulent Pericarditis
- Drug-Induced Pericarditis
- Pericarditis after Cardiac Surgery
- Pericardial Complications of Invasive Procedures
- CONSTRICTIVE PERICARDITIS
- Pathophysiology
- Diagnosis
- Treatment
- PERICARDIAL CYSTS
- CONGENITAL PERICARDIAL DEFECTS
- Cardiac Tumors
- METASTATIC TUMORS
- PRIMARY BENIGN TUMORS
- PRIMARY MALIGNANT TUMORS

- Cardiovascular Trauma
- BLUNT CARDIAC TRAUMA
- Myocardial Contusion
- Valvular Injury
- Pericardial Injury
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- DISORDERS OF SALT AND WATER METABOLISM
- Hydrocytosis (Hereditary Stomatocytosis)
- Xerocytosis
- PROTEIN ABNORMALITIES
- Hereditary Elliptocytosis
- Hereditary Pyropoikilocytosis
- Hereditary Spherocytosis
- PAROXYSMAL NOCTURNAL HEMOGLOBINURIA
- Clinical Manifestations
- Diagnosis
- Treatment
- Abnormalities of Erythrocyte Metabolism
- DEFECTIVE REDUCING POWER
- Defective Glutathione Synthesis
- GLUCOSE-6-PHOSPHATE DEHYDROGENASE DEFICIENCY
- DEFECTS IN GLYCOLYSIS
- DEFECTS IN NUCLEOTIDE METABOLISM
- Disorders Involving Hemoglobin
- CLASSIFICATION OF THE HEMOGLOBINOPATHIES
- SICKLE CELL ANEMIA
- Pathophysiology
- SICKLE CRISIS
- Diagnosis
- Other Therapeutic Considerations
- General Anesthesia
- Prognosis
- Treatment
- Genetic Counseling, Contraception, and Pregnancy
- SICKLE VARIANTS
- Sickle Trait
- Sickle Cell-b-Thalassemia

- Sickle Cell-Hemoglobin C Disease
- OTHER HEMOGLOBINOPATHIES
- Hemoglobin C Disease
- Unstable Hemoglobinopathies
- Hemoglobin with Abnormal Oxygen Affinity
- Methemoglobinemia
- THE THALASSEMIAS
- Pathophysiology
- Molecular Genetics
- Clinical b-Thalassemia
- a-Thalassemia
- Diagnosis
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- MECHANICAL INJURY: MICROANGIOPATHIC HEMOLYSIS
- Pathophysiology
- Diagnosis
- Management
- IMMUNE HEMOLYSIS
- General Mechanisms
- Autoimmune Hemolytic Anemia
- Drug-Related Immune Hemolysis
- Delayed Hemolysis of Transfused Erythrocytes
- Cold Agglutinin Disease
- Paroxysmal Cold Hemoglobinuria
- HYPERSPLENISM
- Pathophysiology
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- DRUGS, TOXINS, VENOMS, AND PHYSICAL AGENTS AS CAUSES OF HEMOLYSIS
- Pathophysiology
- Treatment
- Other Forms of Drug-Induced Hemolysis
- Enzymatic Attack on Erythrocytes
- Physical Causes of Hemolysis
- Infectious Diseases Causing Hemolysis
- HEMOLYSIS ASSOCIATED WITH LIVER DISEASE
- Echinocytosis, Acanthocytosis, and Spur Cell Anemia
- OTHER CAUSES OF HEMOLYSIS
- Copper Accumulation
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- PLATELET AND ENDOTHELIAL CELL FUNCTIONS IN HEMOSTASIS

- PLASMA PROCOAGULANTS
- INHIBITORS OF COAGULATION
- AT-III-Heparan (or AT-III-Heparin) System
- Protein C-Protein S-Thrombomodulin System
- Tissue Factor Pathway Inhibitor
- THE FIBRINOLYTIC SYSTEM
- Lipoprotein(a)
- Platelet Production and Kinetics
- Coagulation Tests and Their Use
- TESTS OF PROCOAGULANTS
- TESTS OF PLATELETS AND OF PLATELET FUNCTION
- TESTS OF INHIBITORS OF HEMOSTASIS
- Approach to the Patient with a Hemorrhagic or Thrombotic Disorder
- Decreased Platelet Count-Thrombocytopenia
- PLATELET PRODUCTION DEFECTS
- Diagnosis
- Management
- ACCELERATED PLATELET REMOVAL DUE TO IMMUNE DESTRUCTION
- Idiopathic Thrombocytopenic Purpura/Autoimmune Thrombocytopenic Purpura (ITP/ATP)
- Secondary Thrombocytopenic Purpura
- Posttransfusion Purpura
- Drug-Induced Immune Platelet Destruction
- ACCELERATED REMOVAL OF PLATELETS BY NONIMMUNOLOGIC MECHANISMS
- Thrombotic Thrombocytopenic Purpura and Adult Hemolytic-Uremic Syndrome
- Disseminated Intravascular Coagulation
- Thrombocytopenia Induced by Infection
- Thrombocytopenia during Pregnancy and Peripartum Period
- Thrombocytopenia in Hypothermia
- Platelet Washout and Vascular Bed Abnormalities
- PLATELET SEQUESTRATION
- Platelet Function Disorders
- HEREDITARY ABNORMALITIES
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- Von Willebrand's Disease
- ACQUIRED ABNORMALITIES
- Myeloproliferative Diseases
- Uremia
- Liver Disease
- Macroglobulinemia and Other Dysproteinemias
- Drug-Induced Disorders
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- DIAGNOSIS

- MANAGEMENT
- Vascular Purpuras
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- DAMAGE TO THE MICROVASCULATURE DUE TO EMBOLI
- Hereditary Coagulation Disorders
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- HEMOPHILIA A
- General Management Principles for Hemophilia
- Management of Acute Hemorrhage
- Principles of Replacement Therapy
- Elective Surgery and Dental Extraction
- Management of an Inhibitor
- OTHER HEREDITARY HEMORRHAGIC DISORDERS
- Factor IX Deficiency
- Mild Factor VII Deficiency
- Fibrinolytic Abnormalities
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- DRUG-INDUCED HEMORRHAGE
- DYSPROTEINEMIAS
- DISSEMINATED INTRAVASCULAR COAGULATION
- Diagnosis
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- PRIMARY FIBRINOLYSIS
- SEVERE HEPATIC DISEASE
- CIRCULATING INHIBITORS (ANTICOAGULANTS)
- CHRONIC EXPANDING HEMATOMAS
- BLEEDING AFTER CARDIOPULMONARY BYPASS
- LUPUS ANTICOAGULANT-ANTIPHOSPHOLIPID SYNDROME
- Hypercoagulable States
- ANTIPHOSPHOLIPID SYNDROME
- ANTITHROMBIN III DEFICIENCY
- HEPARIN COFACTOR II DEFICIENCY
- PROTEIN C AND PROTEIN S DEFICIENCY
- ABNORMAL RESISTANCE TO ACTIVATED PROTEIN C
- ABNORMALITIES OF FIBRINOLYSIS
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- Surgical Mishap versus Systemic Disorder
- FREQUENT CAUSES OF POSTOPERATIVE HEMORRHAGE
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- Primary Fibrinolysis
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- Biology of the Leukemias
- ONCOGENESIS
- Identification and Diagnosis of the Leukemias
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- CELL SURFACE MARKERS
- OTHER CELLULAR MARKERS
- GENETIC MARKERS
- Principles of Management
- CHEMOTHERAPY
- BONE MARROW TRANSPLANTATION
- Myeloproliferative Disorders
- Chronic Myeloproliferative Disorders
- ESSENTIAL THROMBOCYTHEMIA
- AGNOGENIC MYELOID METAPLASIA
- Diagnosis
- Management
- CHRONIC MYELOID LEUKEMIA
- Chronic Stable Phase
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- ACUTE MYELOBLASTIC LEUKEMIA
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- Treatment
- VARIANTS OF ACUTE MYELOBLASTIC LEUKEMIA
- Therapy-Related Acute Myeloblastic Leukemia
- Acute Promyelocytic Leukemia
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- Acute Erythroleukemia
- Myelodysplastic Syndromes
- MANAGEMENT
- Chronic and Subacute Leukemias of B Cell Origin
- CHRONIC LYMPHOCYTIC LEUKEMIA
- Pathophysiology
- Clinical Manifestations
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- Staging
- Management
- PROLYMPHOCYTIC LEUKEMIA
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- SEZARY SYNDROME (THE LEUKEMIA PHASE OF MYCOSIS FUNGOIDES)
- ADULT T CELL LEUKEMIA/LYMPHOMA
- T CELL PROLYMPHOCYTIC LEUKEMIA
- LYMPHOCYTOSIS OF LARGE GRANULAR LYMPHOCYTES
- T Cell Large Granular Lymphocyte Leukemia
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- Histiocytic Medullary Reticulosis
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X Transfusion Therapy

- Blood Donation
- Autologous and Directed Donation
- AUTOLOGOUS DONATION
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- Screening Procedures
- POSTDONATION TESTING
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- PRETRANSFUSION TESTING
- Antigen Phenotyping
- Screening for Antibodies
- Transfusion of Blood Components
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- PLATELETS
- PLASMA
- INDICATIONS FOR TRANSFUSION OF RED CELLS
- Acute Blood Loss
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- INDICATIONS FOR TRANSFUSION OF PLATELETS
- Low Platelet Count
- Nonfunctioning Platelets
- Contraindications to Platelet Transfusion
- Response to Platelet Transfusions
- Platelet Transfusions in a Refractory Patient
- TRANSFUSION OF FRESH FROZEN PLASMA

- Factor VIII Concentrates
- Factor IX Concentrates
- TRANSFUSION OF GRANULOCYTES
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- TRANSFUSION OF STEM CELLS
- Complications of Transfusions
- HEMOLYTIC TRANSFUSION REACTIONS
- Diagnosis of Hemolytic Reactions
- Treatment of Hemolytic Reactions
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- Diagnosis of Febrile Reactions
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- TRANSFUSION-RELATED ACUTE LUNG INJURY
- ALLERGIC TRANSFUSION REACTIONS
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- TRANSFUSION-ASSOCIATED GRAFT VERSUS HOST DISEASE
- BACTERIAL AND PROTOZOAN INFECTIONS
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- IMMUNE MODULATION AS A RESULT OF TRANSFUSION
- Apheresis
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- Neurologic Diseases
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- Engraftment
- Complications of Transplantation
- EARLY DIRECT TOXICITIES OF THE PREPARATIVE REGIMEN
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- GRAFT FAILURE

- GRAFT VERSUS HOST DISEASE
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- Hematopoietic Stem Cell Transplantation for Specific Diseases
- TREATMENT OF IMMUNODEFICIENCY STATES
- TREATMENT OF NONMALIGNANT DISEASES OF HEMATOPOIESIS
- Aplastic Anemia
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- Sickle Cell Anemia
- Other Nonmalignant Diseases
- TREATMENT OF MALIGNANT DISEASES
- Acute Myeloid Leukemia
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- Myelodysplastic Syndromes
- Chronic Myeloid Leukemia
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- Non-Hodgkin's Lymphoma
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6. IMMUNOLOGY

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- The Characteristics of the Immune System
- Lymphocytes
- T CELLS
- B CELLS
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- NATURAL KILLER CELLS
- MONOCYTES AND MACROPHAGES
- Lymphoid Organs and Lymphocyte Traffic
- THE THYMUS
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- Immunologic Memory and Specificity
- AMPLIFICATION
- ANAMNESTIC RESPONSE
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- GENETIC CONTROL
- T CELL RECEPTOR GENE REARRANGEMENT
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- Antibodies
- CLASSIFICATION OF IMMUNOGLOBULINS
- ANTIGENIC DIFFERENCES
- STRUCTURE AND SEQUENCE OF IMMUNOGLOBULINS
- SYNTHESIS OF ANTIBODY (IN VITRO AND IN VIVO)
- Affinity Maturation
- Control Mechanisms
- Antigenic Competition
- Switch in Production
- IMMUNOGLOBULIN RECEPTORS
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- NORMAL PEPTIDE BINDING WITH MHC CLASS I AND CLASS II MOLECULES
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- ANTIGEN PROCESSING
- MHC Class I Molecules
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- PRESENTATION OF ANTIGEN TO T CELLS
- ADHESION MOLECULES
- Signal Transduction in T Cells on Antigen Recognition
- T CELL RECEPTOR SIGNALING
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- THE ROLES OF CD4 AND CD8
- Cytokines and Cytokine Receptors
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- GRANULOCYTE-MACROPHAGE COLONY-STIMULATING FACTOR
- The Role of Carbohydrates in Regulating T Cell Responses
- B Cell Activation
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- THE CD40-CD40 LIGAND INTERACTION
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- Components of the Complement System
- The Classical Pathway
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- The Biologic Activity of the Complement System
- Inherited Deficiencies of the Complement System
- HEREDITARY ANGIOEDEMA
- SUSCEPTIBILITY TO BACTERIAL INFECTIONS
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- Structure and Antigens of the Major Histocompatibility Complex
- ANTIGENS OF THE MAJOR HISTOCOMPATIBILITY COMPLEX
- MHC Class I Antigens
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- Sequence Analysis and HLA Nomenclature
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- Role of MHC in Immune Response

- THE MIXED LYMPHOCYTE REACTION
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- CLONAL SELECTION OF T CELLS
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- Immune Response Genes
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- NONIMMUNOLOGIC FUNCTIONS OF MHC GENES
- Disease and the Major Histocompatibility Complex
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- Role of T Cells
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- MECHANISMS OF IMMUNE RESPONSE
- Regulating Lymphocyte Responses
- Preventing Autoimmune Reactions
- Mechanisms of Autoimmunity
- FAILURE OF CENTRAL TOLERANCE
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- Activation of Self-Antigen-Specific T Cells
- Molecular Mimicry
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- Autoimmune Diseases
- Definition and Classification
- PATHOGENESIS OF TISSUE INJURY
- Host Susceptibility to Autoimmune Diseases
- THE ROLE OF HUMAN LEUKOCYTE ANTIGENS
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- Autoantibodies to Cell Surface Molecules
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- MAST CELLS AND BASOPHILS
- Mast Cell Distribution and Subtypes
- Mediators
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- Mechanisms of Mast Cell and Basophil Degranulation
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- Allergy and Atopy
- GENERAL DIAGNOSTIC AND THERAPEUTIC PRINCIPLES
- History and Physical Examination
- In Vivo and In Vitro Assays of IgE
- Therapeutic Principles
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- Clinical Manifestations
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- LATEX ALLERGY
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- MULTIPLE CHEMICAL SENSITIVITY SYNDROME
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- Immunoglobulin Deficiency Syndromes
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- X-Linked Agammaglobulinemia
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- CONGENITAL THYMIC HYPOPLASIA
- Pathogenesis
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X Immune Complex Disease

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- FORMATION OF AN ANTIGEN-ANTIBODY LATTICE
- PHYSIOLOGIC CLEARANCE OF IMMUNE COMPLEXES
- ABERRANT DEPOSITION OF IMMUNE COMPLEXES
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- OTHER EFFECTS OF IMMUNE COMPLEXES
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- Detection of Circulating Immune Complexes
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- Venomous Snakebites
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- Pit Viper Venom
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- FIRST AID
- MEDICAL TREATMENT
- HYPERSENSITIVITY AND ANAPHYLAXIS
- spider Bites
- WIDOW SPIDERS
- Clinical Manifestations
- Treatment
- BROWN RECLUSE SPIDER AND HOBO SPIDER
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- CLINICAL MANIFESTATIONS
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- Other Marine Envenomations

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- Infections Due To Gram-Positive Cocci
- Infections Due To Gram-Negative Bacilli
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- Anaerobic Infections
- Syphilis And Nonvenereal Treponematoses
- Leptospirosis, Relapsing Fever, Rat-Bite Fever, And Lyme Disease
- Infections Due to Mycobacteria
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- Infection In The Immunosuppressed Host
- Specific and Nonspecific Host Defense Defects
- HYPOGAMMAGLOBULINEMIA
- DEPRESSED CELL-MEDIATED IMMUNITY

- DECREASE IN THE NUMBER OF FULLY FUNCTIONAL GRANULOCYTES
- Conditions Predisposing to Infection
- UREMIA
- DIABETES
- SPLENECTOMY
- MUCOCUTANEOUS ULCERATION AND NECROSIS
- MALNUTRITION
- THERAPIES THAT MAY CAUSE IMMUNOSUPPRESSION
- RISK OF INFECTION
- PREVENTION OF INFECTION
- CLINICAL SYNDROMES ASSOCIATED WITH INFECTION
- Fever in the Absence of Localizing Findings
- Fever and Pneumonitis
- Aspergillosis
- EPIDEMIOLOGY
- PATHOGENESIS AND PATHOLOGY
- CLINICAL MANIFESTATIONS AND DIAGNOSIS
- Invasive Aspergillosis
- Allergic Disease
- Mycetoma
- TREATMENT
- Mucormycosis
- EPIDEMIOLOGY
- PATHOGENESIS AND PATHOLOGY
- CLINICAL MANIFESTATIONS
- Rhinocerebral Mucormycosis
- Pulmonary Mucormycosis
- Disseminated Mucormycosis
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- DIAGNOSIS AND TREATMENT
- Candidiasis
- EPIDEMIOLOGY
- PATHOGENESIS AND PATHOLOGY
- CLINICAL MANIFESTATIONS
- Mucosal Candidiasis
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- Chronic Mucocutaneous Candidiasis
- Candidal Peritonitis
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- Pulmonary Candidiasis
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- Disseminated Candidiasis
- DIAGNOSIS
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- Cryptococcosis
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- PATHOGENESIS AND PATHOLOGY
- CLINICAL MANIFESTATIONS
- Pulmonary Cryptococcosis
- Cryptococcosis of the Central Nervous System
- Other Sites of Cryptococcal Infection
- DIAGNOSIS
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- Natural History
- Diagnosis and Initial Clinical Assessment
- RISK FACTORS
- SEROLOGIC TESTS
- STAGING OF HIV INFECTION
- Vaccinations and Chemoprophylaxis for Opportunistic Infections
- Clinical Approach to Antiretroviral Chemotherapy
- FACTORS AFFECTING INITIATION OF ANTIRETROVIRAL CHEMOTHERAPY
- CHOICE OF INITIAL DRUGS
- WHEN TO CHANGE ANTIRETROVIRAL REGIMENS
- Antiretroviral Chemotherapeutic Agents
- NUCLEOSIDE ANALOGUE REVERSE TRANSCRIPTASE INHIBITORS
- Zidovudine
- Didanosine
- Zalcitabine
- Stavudine
- Lamivudine
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- NONNUCLEOSIDE REVERSE TRANSCRIPTASE INHIBITORS
- Nevirapine
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- HIV-1 PROTEASE INHIBITORS
- Saquinavir
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- Resistance to Antiretroviral Drugs
- Prevention of Perinatal Transmission of HIV-1

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XII Infections Due To Mycoplasmas

XIII Diseases Due To Chlamydia

XIV Antimicrobial Chemotherapy

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- BACTERIAL SUSCEPTIBILITY TO ANTIMICROBIAL AGENTS
- Antimicrobial Susceptibility Patterns
- RELATIVE SUPERIORITY OF BACTERICIDAL TO BACTERIOSTATIC AGENTS
- DEFINITION OF THE SITE OF INFECTION
- THE USE OF ANTIBIOTICS IN COMBINATION
- CLINICAL PHARMACOLOGY OF ANTIMICROBIALS
- Dosage
- Absorption and Route of Administration
- Serum Levels and Protein Binding
- Excretion and Inactivation
- Adverse Drug Interactions
- ADVERSE REACTIONS TO ANTIMICROBIAL AGENTS
- Hypersensitivity Reactions
- Direct Drug Toxicity
- Microbial Superinfection
- DURATION OF ANTIMICROBIAL THERAPY
- ANTIMICROBIAL RESISTANCE IN HOSPITALS
- ANTIBIOTICS IN PREGNANCY
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- The Choice of Antimicrobial Drugs
- PENICILLINS
- Penicillin G and Penicillin V
- Penicillinase-Resistant Penicillins
- Penicillinase-Susceptible Broad-Spectrum Penicillins (Second-Generation Penicillins)
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- Penicillin-b-Lactamase Inhibitor Combinations
- cephalosporins
- First-Generation Cephalosporins
- Second-Generation Cephalosporins
- Third-Generation Cephalosporins
- Choosing a Cephalosporin
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- Laboratory Tests
- TREATMENT
- Bronchodilators
- Corticosteroids
- Antibiotics
- Diuretics and Vasodilators
- Pulmonary Rehabilitation
- Long-term Oxygen Administration
- Surgery
- Other Conditions Associated with CAO
- BULLOUS LUNG DISEASE
- BRONCHIECTASIS
- Definition, Etiology, and Pathophysiology
- Diagnosis
- Treatment
- CLINICAL VARIANTS OF BRONCHIECTASIS
- Cystic Fibrosis
- Primary Ciliary Dyskinesia
- BRONCHIOLITIS OBLITERANS
- Diagnosis
- Treatment

IV Focal And Multifocal Lung Disease

V Chronic Diffuse Infiltrative Lung Disease

VI Ventilatory Control And Disturbances During Wakefulness And Sleep

VII Disorders Of The Chest Wall

VIII Respiratory Failure

- Pathophysiology of Respiratory Failure
- ARTERIAL HYPOXEMIA
- HYPERCAPNIA
- Principles of Management of Respiratory Failure
- ASSURANCE OF AIRWAY PATENCY
- RESTORATION OF ARTERIAL OXYGEN LEVEL
- MECHANICAL VENTILATORY SUPPORT
- Management of Respiratory Failure in Specific Clinical Settings
- RESPIRATORY FAILURE IN PATIENTS WITH AIRWAY OBSTRUCTION
- RESPIRATORY FAILURE IN PATIENTS WITH ACUTE RESPIRATORY DISTRESS SYNDROME
- Management of Patients on Mechanical Ventilatory Support
- SEDATION AND PARALYSIS
- COMPLICATIONS OF MECHANICAL VENTILATION
- Infection
- Alveolar Overdistention
- Barotrauma

- Atelectasis
- Neuromuscular Weakness
- WITHDRAWAL OF MECHANICAL VENTILATORY SUPPORT

IX Disorders Of The Pleura, Hila, And Mediastinum

X Pulmonary Edema

- Pathogenesis
- Clinical Features
- Pulmonary edema caused by increased capillary pressure
- PATHOGENESIS
- CLINICAL FEATURES
- MANAGEMENT
- Pulmonary Edema Caused by Increased Capillary Permeability: Acute Respiratory Distress Syndrome
- PATHOGENESIS
- CLINICAL FEATURES
- OUTCOME
- Miscellaneous Causes of Pulmonary Edema
- NEUROLOGIC INSULTS
- EXPOSURE TO HIGH ALTITUDE
- REEXPANSION OF COLLAPSED LUNG
- UPPER AIRWAY OBSTRUCTION
- DRUGS

15. RHEUMATOLOGY

- Introduction to The Rheumatic Diseases
- Rheumatoid Arthritis
- Seronegative Spondylarthropathies
- Systemic Lupus Erythematosus
- Scleroderma
- Idiopathic Inflammatory Myopathies
- Acute Rheumatic Fever
- Systemic Vasculitis
- Crystal-Induced Joint Disease
- Osteoarthritis
- Diseases of Bone Metabolism
- Back Pain and Common Musculoskeletal Problems

Section -7

SPECIFIC OBJECTIVES.

The objective of M.D postgraduate programme is as follows:-

- ❖ Block-1. First one year of training.
- ❖ Block-2. Four years of training.

Block-1.

A postgraduate student of MD Medicine programme at the end of the one year training is able to:-

- After attending research methodology works synopsis develop the skill to
 - Write synopsis
 - Write Research work
- Perform and document comprehensive history and physical examination [H&P] abilities
- Understand and interpret indications for laboratory studies and imaging
- Develop skills necessary to establish and implement an effective patient management plan
- Perform service examination
- Demonstrate a solid foundation of knowledge
- Develop accuracy in clinical evaluation skills
- Provide compassionate ward and outpatient care as determined by patients, families, colleagues and ancillary health
- Develop and nurture sound and appropriate interpersonal and communication skills

Block-2.

A postgraduate student of MD Medicine programme at the end of 04 years training is able to:-

- Teach medical students the fundamentals of the Medicine
- Accurately interpret complex laboratory and imaging tests and other fundamental skills
- Develop complex patient diagnostic and managerial skills
- Demonstrate clear and concise patient care plans

- Demonstrate the ability to implement the aforementioned patient care plans.
- Acquire trauma and commensurate critical care skills
- Demonstrate the ability to evaluate medical literature in journal clubs and on rounds
- Demonstrate an ongoing and improving ability to learn from errors
- Develop critical care and trauma care and technical skills
- Perform a clinical or basic research project that is appropriate
- Develop fundamental research skills
- Begin to direct ward and clinic patient care
- Instruct residents and medical students regarding their performance of selected procedures appropriate to their level of training
- Demonstrate clear and concise patient care plans
- Demonstrate the ability to implement the aforementioned patient care plans
- Provide high level non-operative care
- Manage and administrate the complexities of a large clinical and academic service
- Demonstrate the highest level of patient care skills, problem solving skills and technical skills
- Demonstrate an ability to prescribe appropriate parenteral and enteral feeding.
- Recognize and treat the complications of parenteral and enteral feeding.
- Demonstrate an ability to manage the fluid and electrolyte requirements, including acid- base issues of pediatric and adult patients.

Section -8

RESEARCH THESIS / DISSERTATION

(a) CHARACTERISTICS OF THE RESEARCH TOPIC.

The Research Topic in clinical subjects should address 20% to the Related Applied Basic Sciences and in Basic Sciences should address 20% to the Related Applied Clinical Sciences. The research topic must consist of a reasonable sample size and sufficient no. Of variables to give training to the candidate to conduct research to acquire data, analyze data and reach results, discuss results and draw conclusions and thus test the hypothesis.

During course on Research Methodology and Biostatistics held during Phase-I of the Course, the Candidate is expected to develop synopsis of Research.

(b) GUIDELINES FOR PREPARATION OF SYNOPSIS

The applicants should organize the synopsis to address the following points:-

- a) Title :
- b) Introduction : Should clearly manifest why the present work is undertaken.
- c) Literature review : Place the project in academic context by referring to the major work by others on the topic.
- d) Objectives : Define clearly the aims of the research proposal.
- e) Significance : Explain the significance of the proposal for the field and the country.
- f) Plan : Give year wise tentative plan of the work.
- g) Methodology : Explain the approach and methods he will follow.
- h) Bibliography : Upto dated references.

(c) SUBMISSION / EVALUATION OF SYNOPSIS.

Synopsis of research project will be submitted during the year-1 of the course. The synopsis will be submitted through the supervisor to the Dean / Director PGMI, Quetta. The synopsis will be evaluated by the following committee.

- | | |
|---|-------------------|
| 1. Dean / Director or his representative. | Chairman |
| 2. Supervisor of the student | Member/ Secretary |
| 3. One Prof. appointed by the Dean / Director | Member |
| 4. Co-opted member whenever required | |

After the approval, by the Committee the synopsis will be submitted to the Board of Higher Studies in the University of Balochistan for further approval by the Vice Chancellor University of Balochistan.

(d) GUIDELINES FOR THESIS / DISSERTATION FORMAT

The thesis must be bound in accordance with the following specification:

- a) Four hard copies and one soft copy (CD) of thesis / dissertation to be submitted.
- b) A4 paper size to be used, except for drawings and maps on which no restriction in placed.

A margin 1.5 inches to be left on left hand side. Thesis copy should be properly hard bounded.

- c) The front should bear the title, name of the candidate and the insignia of the University.

(e) SUBMISSION OF THESIS / DISSERTATION.

- 1) The Thesis / Dissertation must be bound in accordance with specifications.
- 2) Four (4) copies of the Thesis must be submitted at least 6- months before the commencement of the written and oral Examination.

- 3) The minimum duration between approval of synopsis of research and submission of thesis should be 2 years, the maximum duration will be 5 years.
- 4) The Thesis will be submitted along with Bank Challan Form of amount as fixed by University of Balochistan paid in the account of University of Balochistan.
- 5) Application for Thesis Evaluation recommended by the Supervisor.

Section -9

LOG BOOK.

The residents must maintain a log book and get it signed regularly by the supervisor. A complete and duly certified log book should be part of the requirement to sit for MD examination. Log book should include adequate number of diagnostic and therapeutic procedures observed and performed the indications for the procedure, any complications and the interpretation of the results, routine and emergency management of patients, case presentations in CPCs, journal club meetings and literature review.

Proposed Format of Log Book is as follows:

Candidate's Name: _____

Roll No. _____

The above mentioned procedures shall be entered in the log book as per format

PROCEDURES PERFORMED

S #	Date	Name of Patient, Age, Sex & Admission No	Diagnosis	Procedure Performed	Supervisor's Signature

EMERGENCIES HANDLED

S #	Date	Name of Patient, Age, Sex & Admission No	Diagnosis	Procedure / Management	Supervisor's Signature

CASE PRESENTED

S #	Date	Name of Patient, Age, Sex & Admission No	Case Presented	Supervisor's Signature

SEMINAR / JOURNAL CLUB PRESENTATION

S #	Date	Topic	Supervisor's Signature

Evaluation Record
(Excellent, Good, Adequate, Inadequate, Poor)

At the end of the rotation, each faculty member will provide an evaluation of the clinical performance of the fellow.

S #	Date	Method of Evaluation (Oral, Practical, Theory)	Rating	Signature

- Log Book will be signed by the supervisor / Co- Supervisor regularly.
- Log Book completion is must before the candidate examination forms are signed.
- Log Book should be used in Practical / Clinical Examination at viva voice table or at TOCS cabin.

EVALUATION / EXAMINATION

INTERMEDIATE EVALUATION PART-I EXAMINATION.

1. Eligibility to appear in Part – I Examination

- (a) Application by the candidate recommended by the Supervisor.
- (b) Certificate by the Supervisor , counter signed by Dean PGMI that candidate has regularly attended at least 75% of the basic sciences classes, Lectures, Seminars, Practical, demonstrations of Phase-I education.
- (c) Bank Challan Form of Payment of examination fee as fixed by the university of Balochistan.

2. REGULATIONS.

- a) All candidates admitted in MS Medicine course will appear in Part – I examination at the end of 1st Calendar Year.
- b) The candidate who fails to pass the examination in 3 consecutive attempts availed or un-availed, shall be dropped from the course.
- c) The candidates who will not pass this examination within two years after their admission, their name will be removed from the course.
- d) The Part-I Examination will Consist of Paper-I on Basic Sciences Education (relevant to the specialty) and Paper-II on Principles of Medicine.
- e) For Part-1 Examination the Paper-I and Paper-II will be set from the MCQ bank. The question for MCQ bank will be provided by all the subject specialist involved in teaching the curriculum of the course
- f) Paper Weight age; each paper will carry 100 Marks. Time allowed for each Paper will be three hours.
- g) The Pass Marks will be 60 % in each paper.
- h) Papers will have 100 MCQ Single Best in each paper.

3. CONTENTS OF THEORY PAPER PART-I EXAMINATION.

SUBJECT	COMPONENTS	NO OF QUESTIONS	MARKS
Basic Science Education Paper-I	MCQ's Single Best Type	100	100
Principles of Medicine Paper-II	MCQ's Single Best Type	100	100

FINAL EVALUATION: (PART-2 EXAMINATION)

(a) ELIGIBILITY TO APPEAR IN PART-2 EXAMINATION.

1. The candidate has completed the prescribed period of training of the course.
2. The candidate has passed the Intermediate Evaluation.(Part-1 Examination).
3. The thesis / dissertation must be dully approved by University of Balochistan.
4. Certificate by the Supervisor that the Log Book of candidate is complete in all aspects and is signed by the Co-Supervisor and the Supervisor. The original Log Book will be presented by the candidate during Practical / Oral examination.
5. A certificate by the Supervisor /Counter signed by Dean PGMI, that the candidate has attended at least 75% of the lectures, seminars, practical/clinical demonstrations;
6. The application form for Part-II examination with recommendation of the Supervisor.
7. The Bank Challan Form for the payment of the Examination Fee of amount as fixed by University of Balochistan.

(b) COMPONENTS OF THE PART-2 EXAMINATION.

- 1- Theory (300 Marks)
2. Clinical / Practical (300 Marks)
Total = (600 Marks)

(i) CONTENTS OF THEORY PAPERS.

SUBJECT	CONTENTS	NO OF QUESTIONS	WEIGHTAGE	MARKS
Medicine	MCQ Paper-A Single Best Type	100	0.75/Per	75
Medicine	MCQ Paper-B Single Best Type	100	0.75 /Per	75
Medicine	Short Essay Paper-A	10	0.75/Per	75
Medicine	Short Essay Paper-B	10	0.75 /Per	75

Total 300 Marks

❖ **Candidate must secure 60% in each paper to pass theory examination.**

(ii) CLINICAL / PRACTICAL EXAMINATION FOR MD MEDICINE

SUBJECT	COMPONENTS	ASSESSMENT TECHNIQUES	MARKS
Medicine	Long Cases	1	100
	Short Cases	4	100
	TOCS	Specimens, Instruments, Investigation for interpretation including X-ray, MRI, ICT, Nuclear scans, Table Viva on Log book, Table Viva on Thesis / Dissertation, Slides etc.	100 (10 Stations 10 Marks Each station).

❖ **Candidate must obtain 60% in total clinical component and 50% in each component to pass clinical examination.**

(d) NUMBER OF EXAMINERS.

The Final Evaluation (Part-2 Examination) will be conducted by a board of four examiners of Medicine. All examiners have equal functions except the chairman who will be responsible to conduct the examination process and send result to the controller university.

(e) RESULT.

The candidates who will Pass their Theory and Clinical / Practical examination separately will be declared pass The Candidates who will Pass in Theory but fail in Clinical / Practical examination will re-appear only in Clinical / Practical examination again for another two times. After total of three attempts in Clinical / Practical examination the candidate will have to appear in all the parts of Theory and Clinical / Practical Part-II examination.

- To pass as ordinary, the candidate must obtain 60% marks in each of 2 components.
- To pass with distinction, the candidate must obtain overall marks should be 80% or above.

Section -11

SUPERVISION OF POST GRADUATE STUDENT (TRAINEE MEDICAL OFFICER)

Purpose:

To ensure that Trainee Medical Officers / residents are provided adequate and appropriate levels of supervision during the course of the educational training experience and to ensure that patient care continues to be delivered in a safe manner.

Policy and Procedure:

The Supervisor is responsible for all care delivered by trainees. Trainees shall always be appropriately supervised and the supervision of trainees is ultimately the responsibility of the supervisor, who is accountable to the PGMIQ. PGMIQ shall have a mechanism in place that communicates to the trainees the identity of the Supervisor and back-up coverage by another faculty member in the event that the Supervisor is not immediately available. All program faculty members supervising Trainee Medical Officers / residents must have a faculty or clinical faculty appointment in the Bolan Medical College Department of Medicine or be specifically approved as supervisor by the PGMIQ. Faculty schedules will be structured to provide Trainee Medical Officers / residents with continuous supervision and consultation.

Trainee Medical Officers / Residents must be supervised by faculty members in a manner promoting progressively increasing responsibility for each Trainee Medical Officer / resident according to their level of education, ability and experience be provided information addressing the method(s) to access a in a timely and efficient manner at all times while on duty.

The program provides additional information addressing the type and level of supervision for each post-graduate year in the program that is consistent with the PGMI Quetta program requirements and, specifically, for supervision of Trainee Medical Officers / Residents engaged in performing invasive procedures.

1. To provide patients with quality care and Trainee Medical officers/Resident trainee with a meaningful learning experience, a

supervising attending physician shall be clearly identified for each patient admitted to, or consulted by, the surgical service. It is the responsibility of the Trainee Medical Officers / Residents trainee to notify an attending physician that a consultation or admission has been initiated on his/her service, based on the call schedule and back-up mechanisms established in the department.

2. The supervising attending physician is ultimately responsible for all recommendations rendered and care delivered by Trainee Medical Officers / Residents trainee, paramedical personnel and other trainees on the surgical service.
3. Supervision shall be readily available to all Trainee Medical Officers / Residents on duty. Each program or service in the department shall maintain a clear call list of attending physicians; with appropriate back up in the event the supervising physician is not immediately available (this typically represents another attending faculty on call that same day). A comprehensive call list of Trainee Medical Officers / Residents and attending physicians is disseminated to all switchboard operators, patient affair coordinators, clinical care areas and all covering Trainee Medical Officers / Residents on a monthly basis.
4. Supervision shall be conducted to ensure that patients receive quality care and Trainee Medical Officers / Residents assume progressively increased responsibility in accordance with their ability and experience, based on curriculum objectives for the respective level of training.
5. Levels of supervision include an attending physician demonstrating a procedure, assisting with the procedure, present physically in the area where intervention is performed, attending available by telephone, senior Trainee Medical Officer / Resident or other supervisor present physically or available by telephone. The attending physician in charge of a respective procedure shall determine the level of supervision for a particular resident and the specific invasive procedure.
6. The responsible attending physician may delegate supervision of more junior residents to a more senior resident as appropriate. These determinations shall be consistent with the individual resident

knowledge base and skills, the complexity of the case and procedure, and the residents prior evaluations regarding levels of performance per the residency program core curriculum objectives for each level of training.

7. The Trainee Medical Officers / Residents must request help when the need for assistance is perceived, and responsible attending physicians must respond personally when such help is requested. When a patient's attending physician is not available, a previously designated physician or the attending on call shall assume all coverage responsibilities for the patients.
8. The Senior Trainee Medical Officer / Resident shall relay to the Department Chair or the Supervisor any incident where another Resident did not notify a responsible faculty member, a responsible faculty member was not responsive, or any other breach of supervision as outlined in this policy.

Section -12

GRIEVANCES

The entire faculty is dedicated to Trainee Medical Officer / Resident education and to providing the best possible environment in which to learn. If there are any problems that arise; personal problems, communication issues with team members, complaints about working conditions, the perception or allegation of harassment or abuse etc, the faculty encourages the residents to ask for help. The residents are welcome to contact the Registrar and Dean / Director of PGMIQ.

GRIEVANCE POLICY AND PROCEDURE

Grievances are limited to allegations of wrongful suspension during the training year. The decision to suspend, recommendation to dismiss or termination is an academic responsibility of the Supervisor. If a Trainee Medical Officer / Resident believes he/she has been wrongfully suspended or recommended for dismissal or termination, the grievance process described below can be invoked. The process is intended to protect the rights of the Trainee Medical Officer / Resident and the training program and to ensure fair treatment for both parties.

In all cases of suspension, termination, or non-renewal of contract, it is expected that the appropriate probationary and remedial periods will have been performed.

All “written notification” associated with the formal grievance process shall be by certified mail.

Grievance Procedure

1. Notification of intent to appeal: After receiving the written notification of suspension dismissal or termination, the Trainee Medical Officer / Resident will have 10 calendar days to file, in writing, a formal appeal to the dean PGMIQ. The Trainee Medical Officer / Resident may be represented by an attorney in an advisory capacity, but the attorney may not function as a spokesperson for the Trainee Medical Officer / Resident during this grievance process.

2. Assembly of Disciplinary committee: Upon receipt of an appeal, the Dean will refer to disciplinary committee to review the Trainee Medical Officer / Resident case. The committee shall seek advice from PGMI Council who shall be present for the hearing to advise the committee. The disciplinary committee may also seek advice from outside experts in the field of Trainee Medical Officer / Resident specialty if deemed necessary.

The disciplinary committee will include the deputy dean for clinical affairs (or designee), two regular faculty member from a different training program. The deputy dean for clinical affairs will chair the disciplinary committee. The Resident may object to a member of the disciplinary committee for cause. The Dean has sole discretion to replace a member if deemed warranted.

3. Hearing: The disciplinary committee will assess the merits of the case and hear evidence and arguments by the Trainee Medical Officer / Resident and the supervisor, or department chair, or division head.

The supervisor, department chair, or division head is obligated to present to the disciplinary committee the reasons for and substantiating evidence of the resident suspended / dismissed or termination. The Trainee Medical Officer / Resident may question witnesses who testify on behalf of the program director, department chair, or division head. The Trainee Medical Officer / Resident may present documents, letters of support and call the testimony of witnesses. These witnesses may be questioned by the supervisor, department chair, or division head.

The disciplinary committee shall tape / record the hearing proceedings, but not its deliberations. Either party may, at its own expense, have a verbatim transcript made of the proceedings. Both parties may request a copy of the tape / recording made by the committee.

4. Final Determination: The disciplinary committee will make its determination within 30 days from the close of the hearing. The disciplinary committee will notify the supervisor PGMI, division head, or program director; and the dean in writing of its decision. The decision of the committee to

uphold the termination or to reinstate the resident is final. Should the Trainee Medical Officer / Resident be reinstated, the disciplinary committee may impose an additional period of probation and/or remediation as a condition of continuation.

Notification Required:

1. Reporting required for Resident dismissed, suspended, or required Notice will be according to the PGMI Policy, any Trainee Medical Officer / Resident “who has not progressed satisfactorily in the program or who has been dismissed from the program for inadequate performance or ethical reasons”. The phrase, “not progressed satisfactorily in the program,” means those residents who have been dismissed, suspended or required to repeat a year of the program.

2. Probation: Probation is a remedial mechanism utilized by the PGMI in a variety of circumstances. It is designed to improve the academic performance of a Trainee Medical Officer / Resident. In most instances, Trainee Medical Officers / Residents by supervisor placed on probation continue to progress satisfactorily in a program. Regular reporting of Trainee Medical Officers / Residents placed on probation to the PGMIQ is required.

3. Referral to Health Department Government of Balochistan.

If a Trainee Medical Officer / Resident is government employee and is on deputation for his postgraduate studies to PGMIQ. The PGMIQ Directorate will report the final recommendation of disciplinary committee to his parent department e.g. Health Department Government of Balochistan.

Section -13

TRAINING SITE

ATTACHED TEACHING HOSPITALS.

Sandeman Provincial Hospital Quetta.

Bolan Medical Complex Hospital Quetta.

BED STRENGTH.

SPH, QUETTA.

UNIT	MALE	FEMALE	TOTAL
Medicine-A	20	10	30
Medicine-B	20	10	30

Total 60

BMCH, QUETTA.

UNIT	MALE	FEMALE	TOTAL
Medicine-A	20	20	40
Medicine-B	20	20	40

Total 80

Grand Total: - 140

Section -14

RECOMMENDED BOOKS & JOURNALS

Section -15

FACULTY MEMBERS

Professors

Prof: Dr. Abdul Baqi Durrani	MBBS, FCPS
Prof: Zahir Khan Mandokhail	MBBS, FCPS

Associate Professors

Dr. Mohammad Nasir Khan	MBBS, MCPS
Dr. Syed Khalid Shah	MBBS, FCPS
Dr. Muhammad Essa Tareen	MBBS, FCPS

Assitant Professors

Dr. Jehanzaib	MBBS, FCPS
Dr. Saeed Ahmed	MBBS, FCPS
Dr. Bashirullah	MBBS, FCPS
Dr. Irfana Hassan	MBBS, FCPS
Dr. Muhammad Ahmed	MBBS, FCPS
Dr. Shamina Hanif	MBBS, FCPS

Senior Registrars

Dr. Zahid Iqbal	MBBS, FCPS
Dr. Zafar Ahmed Khan	MBBS, FCPS
Dr. Muhammad Sohail	MBBS, FCPS
Dr. Ubaidullah Barech	MBBS, FCPS
Dr. Naseebullah Shah	MBBS, FCPS
Dr. Kaleem ullah kakar	MBBS, FCPS
Dr. Humera Sami	MBBS, FCPS
Dr. Syed Ehsan ullah	MBBS, FCPS
Dr. Amir Hamza	MBBS, FCPS
Dr. Asma Hameed	MBBS, FCPS
Dr. Abdul Ghafoor	MBBS, FCPS